

Santa Cruz County Board of Supervisors Proclamation

PROCLAIMING JANUARY 2025
AS POSITIVE PARENTING AWARENESS MONTH IN SANTA CRUZ COUNTY

WHEREAS, raising children and youth to become healthy, confident, capable individuals is the most important job parents and caregivers have, and positive parenting is a protective factor that strengthens relationships, increases parents' confidence, and promotes healthy development; and

WHEREAS, the quality of parenting or caregiving is a powerful predictor of future social, emotional and physical health, and families come in many forms with children raised by parents, grandparents, foster parents, family members and other caregivers; and

WHEREAS, all families have strengths that provide a foundation for positive childhood experiences that build resilience, yet many parents, caregivers, children and youth — of every age, race, ethnicity, culture and social identity — feel stressed, isolated and overwhelmed at times; and

WHEREAS, parents are experiencing unprecedented levels of stress, exacerbated by economic challenges, recovery from the COVID-19 pandemic and other societal pressures, while they are juggling multiple roles, work, caregiving and household responsibilities, especially those in marginalized communities; and

WHEREAS, families in Santa Cruz County can receive support from positive parenting programs, including the Triple P - Positive Parenting Program, an evidence-based program available through a partnership between First 5 Santa Cruz County and the County's Health Services Agency, Human Services Department, and Probation, which has benefited more than 50,000 parents, caregivers, children and youth in Santa Cruz County since 2010; and

WHEREAS, everyone can play a vital role in supporting parents and caregivers, and during the month of January, First 5 Santa Cruz County and many others, will be increasing community awareness.

NOW, THEREFORE, I, Justin Cummings, Chair of the Santa Cruz County Board of Supervisors, hereby proclaim January 2025 to be the 13th Annual Positive Parenting Awareness Month in Santa Cruz County, California, and commend this observance to the people of this county.




Chairperson, Board of Supervisors

December 1, 2024

Date