



SPRING / SUMMER

PASSPORT

Triple P

Positive Parenting Program



Complete these Positive Parenting activities for a chance to win prizes!

Write the date you completed each activity in the boxes below. When you complete all nine activities, return your Passport to one of these locations between April 1 and June 30 to get a prize:

- | | |
|--------------------------------|---------------------------------------|
| First 5 Santa Cruz County | 4450 Capitola Rd, Suite 106, Capitola |
| Mountain Community Resources | 6134 Highway 9, Felton |
| La Manzana Community Resources | 521 Main St, Suite L, Watsonville |

DO THIS!

GO HERE!

TRY THIS!

Sign up for the Triple P eNews	Attend a Triple P parenting class	Make a meal together
Get a Triple P Parenting Pocket Guide	Spend quality time together at a library	Talk, read or sing together
Like Triple P Santa Cruz on Facebook	Spend quality time together at a park	Praise your child or teen's efforts

VISIT TripleP.first5scc.org to sign up for Triple P Santa Cruz County's monthly eNews and find a schedule of classes.

FIND Triple P Santa Cruz County on Facebook at facebook.com/triplepscc.

CONTACT First 5 Santa Cruz County at 831-465-2217 or triplep@first5scc.org to request a Triple P Parenting Pocket Guide with tips for families with children birth-12, teens or children with special needs.

REDEEM your completed Passport between April 1 and June 30 to receive 3 oz. of FREE yogurt from Yogurtland and be entered into a drawing to win a Family Day Pass to the Santa Cruz Children's Museum of Discovery, an All-Day Rides Wristband at the Santa Cruz Beach Boardwalk or a day pass to visit a local state park or beach from Friends of Santa Cruz State Parks.

